



PToch Junior Club Newsletter

September 2024

Welcome to the 2024/2025 season—we hope you are ready to ‘spring out of the starting blocks’ for a summer of great action. A group of dedicated parents have been working hard in the off season fundraising, planning for a new track, designing new club T-shirts and refreshing the club website. We are now ready to go with the Club Open Day and first club night just around the corner. We look forward to seeing you all soon.

Sarah and Natalie, Junior Club Captains



Open Day Sunday 13th October 2 pm–4 pm

We welcome all members along with their friends and family to come and have a go at our Open Day. We will run two field event sessions and sprint races along with providing coaching for those needing to learn sprint starts, high jump and shot put for the first time. There will be a second hand uniform sale running so bring along any uniform and shoes/spikes you would like to sell.

Club Nights

It is all hands on deck on club nights. Each age group needs an adult to lead them around their events and record their results and each event needs 2-4 helpers. All you need is a willingness to help, a positive attitude and plenty of smiles.

Track Update

Thanks to successful grant applications and fundraising efforts by club members over the winter we have raised enough money to replace our worn track with a new artificial track. This is so exciting and will set the club up for many years to come. It is likely that this work will occur during the season and we will need to be prepared to work around this.

Important Dates

- 13 Oct Discus official training 1 -2pm
Open Day 2-4pm
- 14 Oct Colgate T shirt orders close
- 15 Oct Club night starts 5.30–7
- 17 Oct Coaching night starts
- 19 Oct Saturday Interclub starts
- 8 Nov Colgate entries close

Contact Details

jcc@papanuitochathletics.org.nz

In the event of bad weather we will post cancellations on the Papanui Toc H Facebook page by 4pm.





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This year the South Island Colgate Games are here in Christchurch from January 17th–19th. Any club member can enter – you do not have to be registered for Saturday Interclub. This event is a super fun experience where you compete against many other kids from around the country and it is a great way to make new friends. We are looking forward to having our biggest team for a long time. Entry is done individually via this link athletics.org.nz/events/south-island-colgate-games/. Each person can enter up to 5 events. The club enters relays and will try and include as many kids as we can. If you have any older kids who are too old to compete they can sign up to be a volunteer for the weekend—a great way to give back to the sport.

We will also have a small group of athletes travelling to Hastings for the North Island Colgate Games from January 10-12th.



Important Dates

T-shirt pre-orders close midday **14 October** to enable time for the T shirts to be printed. The mock ups look pretty cool with this emblem on the front and red manaia designs on either side on a black background. T-shirts will also be available for sale at the games.

Competition entries close **8 November**—please don't leave this until the last moment.